

## RECOVERY PRINCIPLES BASED ON THE BEATITUDES

### WELCOME

#### TO AN AMAZING LIFE-TRANSFORMING EXPERIENCE

Celebrate Recovery (CR) has helped millions of people find healing from life's hurts, habits and hang-ups for more than 25 years; leading them to discover new levels of care, acceptance, trust and grace.

The purpose of Celebrate Recovery is to fellowship with one another and celebrate God's healing power in our lives. Through the eight recovery principles based on the Beatitudes and 12 Steps, with their biblical comparisons, this experience allows us to be changed. By working and applying these biblical principles, we begin to grow spiritually.

### LEARN HOW TO ACCEPT GOD'S GRACE IN SOLVING LIFE'S HURTS, HABITS & HANG-UPS

#### CR GROUPS WILL:

- Provide a safe, confidential place to share your experiences and struggles with others going through a Christ-centered recovery program.
- Provide you with a leader who has gone through similar problems and who will facilitate the group as it focuses on a principle each week.
- Provide you with the opportunity to find a sponsor and accountability partners.

#### CR GROUPS WILL NOT:

- Allow members to attempt to "fix" one another.
- Allow others to judge you or your circumstances.
- Attempt to offer any professional clinical advice.

### VOLUNTEER & SERVE

Prayfully ask God to guide you in selecting the area where you will serve. To volunteer or find out more information, call 405.642.3482 or email [CelebrateRecovery@crossings.church](mailto:CelebrateRecovery@crossings.church).

- GREETERS
- PROGRAM VOLUNTEERS
- PRAYER MINISTRY
- CHILDREN'S CLASS LEADER
- CR4TEENS LEADER
- DESSERT MINISTRY

#### R = STEP 1

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*"Happy are those who know they are spiritually poor." - Matthew 5:3*

#### E = STEP 2

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*"Happy are those who mourn, for they shall be comforted." - Matthew 5:4*

#### C = STEP 3

Consciously choose to commit all my life and will to Christ's care and control.

*"Happy are the meek." - Matthew 5:5*

#### O = STEPS 4 & 5

Openly examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart." - Matthew 5:8*

#### V = STEPS 6 & 7

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires." - Matthew 5:6*

#### E = STEPS 8 & 9

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

*"Happy are the merciful." - Matthew 5:7*

*"Happy are the peacemakers." - Matthew 5:9*

#### R = STEPS 10 & 11

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

#### Y = STEP 12

Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what God requires." - Matthew 5:10*

# CR

CELEBRATE RECOVERY  
DEALING WITH HURTS,  
HABITS & HANGUPS.  
WINTER 2020

CROSSINGS  
OKC CAMPUS



CROSSINGS.CHURCH/LIFECARE

# THURSDAY NIGHT SCHEDULE

AT CROSSINGS COMMUNITY CHURCH OKC CAMPUS

## 5:30 – 6:20 PM

Crossings Cafe Dinner & Salad Bar  
(AVAILABLE IN THE ATRIUM FOR \$5)

## 6:30 – 7:30 PM

Large Group Session  
(CHAPEL-PRAISE & WORSHIP / LESSON / PERSONAL TESTIMONY)

## 7:30 – 8:30 PM

Open Share Small Groups

## 8:30 – 9:30 PM

Coffee & Dessert Fellowship  
(ATRIUM)

### • NEWCOMERS 101 (ONE TIME ONLY)

### • WOMEN'S OPEN SHARE GROUPS

- MIXED ISSUES\*
- CODEPENDENCY
- ADDICTIONS
- WOMEN IN RELATIONSHIPS WITH SEXUALLY/PORN ADDICTED MEN
- EATING DISORDERS
- SURVIVORS OF ABUSE (SEXUAL, PHYSICAL & EMOTIONAL)
- LOVE & RELATIONSHIPS/SEXUAL ADDICTION

### • MEN'S OPEN SHARE GROUPS

- MIXED ISSUES\*
- SEXUAL/PORN ADDICTION
- ADDICTIONS
- CODEPENDENCY
- PRESCRIPTION DRUG ADDICTION

\*Includes anger, depression, anxiety

## CR4KIDS\* – 4-12 YEARS

Thursdays, 6:30-8:30pm

This program mirrors Celebrate Recovery's one-year, large-group teaching schedule and curriculum plan. Without intervention, kids could very easily repeat the hurts, habits and hang-ups they've seen modeled at home. *Celebrate Recovery for Kids* is designed to equip kids with practical coping techniques, strategies, and values to help them overcome unhealthy patterns.

**PARENT MUST ATTEND CELEBRATE RECOVERY.**

For more information contact LifeCare Ministry:  
kdean@crossings.church or 302.1293

## CR4TEENS\* – 13-18 YEARS

Thursdays, 6:30-8:30pm

This teen program helps middle & high school students travel the path to freedom, healing, and wholeness. This dynamic resource mirrors the content presented in Celebrate Recovery and helps teens to work on hurts, habits, and hang-ups. Lessons deliver hope-filled truths and real-life strategies, giving young people the tools for making wise choices and developing healthy patterns for living.

**\*NOTE: One legal guardian of children under 16 must be enrolled and participating in CareSeries offerings or Celebrate Recovery in order for kids or teens to attend CareSeries for Kids, CareSeries for Teens, CR4Kids or CR4Teens. Nursery care is available through age 3.**

For more information contact LifeCare Ministry:  
kdean@crossings.church or 302.1293

Celebrate Recovery meets at  
Crossings Community Church  
OKC Campus



14600 N. Portland Avenue, OKC, OK 73134  
405.755.2227 • crossings.church



## MONDAY NIGHTS

AT CROSSINGS COMMUNITY CHURCH OKC CAMPUS

## CR STEP STUDIES

The Celebrate Recovery Step Study is a gender-specific, 10-month study that deals with mixed recovery issues, which include any hurt, habit, or hang-up. The study uses the 12 Steps with their biblical comparisons and the eight principles that are based on the Beatitudes. The Participant Guides are designed to create movement through the steps as each person is on a healing journey that creates new understanding and hope through the work of the Holy Spirit, and not merely the material. Prayer and Scripture are an integral part of the transformation and healing process. The step studies are held on Mondays at various times. Materials cost \$5 per book.

### NEW STEP STUDIES BEGIN IN JANUARY:

OKC // Mondays, begins Jan 13  
Men (6:30am or 6:30pm) // Women (1pm or 6:30pm)  
OKC // Sundays, begins Jan 19 // 10:45am // Men & Women  
EDM // Tuesdays, begins Jan 14 // 6:30pm // Men

## THE JOURNEY BEGINS // LEVEL 1

*The Journey Begins* original step study includes the following topics:

- STEPPING OUT OF DENIAL INTO GOD'S GRACE (GUIDE 1)
- TAKING AN HONEST SPIRITUAL INVENTORY (GUIDE 2)
- GETTING RIGHT WITH GOD, YOURSELF, & OTHERS (GUIDE 3)
- GROWING IN CHRIST WHILE HELPING OTHERS (GUIDE 4)

## THE JOURNEY CONTINUES // LEVEL 2

Celebrate Recovery introduces *The Journey Continues* with four new participant's guides designed as a revolutionary, new, second step study curriculum. This step study includes the following topics:

- MOVING FORWARD IN GOD'S GRACE (GUIDE 5)
- ASKING GOD TO GROW MY CHARACTER (GUIDE 6)
- HONORING GOD BY MAKING REPAIRS (GUIDE 7)
- LIVING OUT THE MESSAGE OF CHRIST (GUIDE 8)

For further information about the step studies, contact LifeCare Ministry at 302-1293 or CelebrateRecovery@crossings.church.

## CELEBRATE RECOVERY FOR KIDS/TEENS

### CR FOR KIDS\*

Offers an age-appropriate, supportive setting for kids, 4-12 years, to deal with family circumstances and life changes. (More info on back panel.)

### CR FOR TEENS\*

Provides encouragement and education while students, 13-18 years, are building foundations of hope and trust in uncertain times. (More info on back panel.)